

NOVELTIES

au
ga

Ready-To-Eat Pulses



GROWN USING
NATURAL AND
EARTH-FRIENDLY
METHODS



HIGH
FIBER



SOURCE OF
PROTEIN



PRESERVATIVE
FREE



VEGAN
FRIENDLY



GLUTEN
FREE



READY TO EAT

www.augaorganics.com



ORGANIC • VEGAN • NO BRINE • SHELF-STABLE • AVAILABLE IN PRIVATE LABEL

AUGA organic ready-to-eat pulses are without brine. That is why they can be consumed immediately without any drain or wash. These pulses are perfect for salads, soups or as a side dish. Ready-to-eat pulses are now even more sustainable because the product requires less packaging and is lighter for transportation which reduces carbon footprint.



Ingredients: black beans*
97%, water, sea salt 0,8%.

* ORGANIC PRODUCTS

100 G NUTRITION FACTS	
Energy	590 kJ / 140 kcal
Fat	0,6 g
Saturates	0,2 g
Carbohydrate	21,0 g
Sugar	0,9 g
Fiber	6,7 g
Protein	9,5 g
Salt	0,80 g

Net Weight: 150 g



Ingredients: red kidney beans* 97 %, water, sea salt 0,8 %.

* ORGANIC PRODUCTS

100 G NUTRITION FACTS	
Energy	544 kJ / 129 kcal
Fat	0,4 g
Saturates	0,1 g
Carbohydrate	19,0 g
Sugar	0,9 g
Fiber	6,2 g
Protein	9,2 g
Salt	0,8 g

Net Weight: 150 g



Ingredients: chickpeas*
97 %, water, sea salt 0,8 %.

* ORGANIC PRODUCTS

100 G NUTRITION FACTS	
Energy	666 kJ / 158 kcal
Fat	2,8 g
Saturates	0,3 g
Carbohydrate	20,0 g
Sugar	5,0 g
Fiber	8,1 g
Protein	9,0 g
Salt	0,81 g

Net Weight: 150 g



Ingredients: brown lentils* 99,2 %, sea salt 0,8 %.

* ORGANIC PRODUCTS

100 G NUTRITION FACTS	
Energy	745 kJ / 176 kcal
Fat	0,6 g
Saturates	0,1 g
Carbohydrate	28,0 g
Sugar	0,6 g
Fiber	4,5 g
Protein	13,0 g
Salt	0,8 g

Net Weight: 150 g

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