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Organic Ready-to-Eat Soups



SMART PACK:
LESS CO₂,
LESS WASTE



GROWN USING NATURAL
AND EARTH-FRIENDLY
METHODS



GLUTEN
FREE



VEGAN
FRIENDLY



PRESERVATIVE
FREE



READY TO EAT
HEAT AND SERVE





Ingredients: carrots* 42%, water, coconut milk* 10% (coconut extract 60%, water), rice flour*, sea salt, spices*.
* ORGANIC PRODUCTS

Net Weight 400g (14.1oz)

100 G NUTRITION FACTS	
Energy	162 kJ (38 kcal)
Fat	1,8 g
of which saturates	1,5 g
Carbohydrate	4,9 g
of which sugars	2,2 g
Fibre	1,4 g
Protein	0,6 g
Salt	0,7 g



Ingredients: water, various vegetables 36% (carrots*, cabbage*, potatoes*, green beans*, peas*, paprika*), tomato paste*, rapeseed oil*, spices*, sea salt, sugar*, rice flour*.
* ORGANIC PRODUCTS

Net Weight 400g (14.1oz)

100 G NUTRITION FACTS	
Energy	187 kJ (45 kcal)
Fat	1,8 g
of which saturates	0,1 g
Carbohydrate	6,1 g
of which sugars	2,6 g
Fibre	1,2 g
Protein	1,0 g
Salt	0,7 g



Ingredients: water, carrots*, tomatoes* 20%, tomato paste* 10%, rapeseed oil*, spices*, rice flour*.
* ORGANIC PRODUCTS

Net Weight 400g (14.1oz)

100 G NUTRITION FACTS	
Energy	262 kJ (63 kcal)
Fat	4,0 g
of which saturates	0,3 g
Carbohydrate	5,9 g
of which sugars	3,9 g
Fibre	1,4 g
Protein	0,8 g
Salt	0,7 g



Ingredients: champignons* 50%, water, coconut milk* (coconut extract, water), rice flour*, sea salt, spices*.
* ORGANIC PRODUCTS

Net Weight 400g (14.1oz)

100 G NUTRITION FACTS	
Energy	179 kJ (43 kcal)
Fat	1,9 g
of which saturates	1,8 g
Carbohydrate	4,6 g
of which sugars	0,3 g
Fibre	1,1 g
Protein	1,8 g
Salt	0,7 g



Ingredients: various vegetables (beetroots* 26%, potatoes*, carrots*), water, tomato paste*, rapeseed oil*, spices*, sea salt, sugar*, rice flour*.
* ORGANIC PRODUCTS

Net Weight 400g (14.1oz)

100 G NUTRITION FACTS	
Energy	209 kJ (49 kcal)
Fat	2,4 g
of which saturates	0,2 g
Carbohydrate	6,1 g
of which sugars	3,2 g
Fibre	1,0 g
Protein	0,8 g
Salt	0,7 g



Ingredients: butternut squash puree* 45%, water, sweet potatoes* 13%, coconut cream* (coconut extract*, water), corn flour*, sea salt, spices*.
* ORGANIC PRODUCTS

Net Weight 400g (14.1oz)

100 G NUTRITION FACTS	
Energy	242 kJ (58 kcal)
Fat	2,2 g
of which saturates	2,1 g
Carbohydrate	7,7 g
of which sugars	2,3 g
Fibre	0,8 g
Protein	1,3 g
Salt	0,67 g



Ingredients: water, various lentils* 12% (green, red, brown), carrots*, potatoes*, spices*, rice flour*, paprika*, rapeseed oil*, sea salt.
* ORGANIC PRODUCTS

Net Weight 400g (14.1oz)

100 G NUTRITION FACTS	
Energy	290 kJ (69 kcal)
Fat	2,1 g
of which saturates	0,2 g
Carbohydrate	8,3 g
of which sugars	1,1 g
Fibre	2,2 g
Protein	3,3 g
Salt	0,67 g



Ingredients: water, coconut cream* 19% (coconut extract* 60%, water), shiitake mushrooms*, 6%, carrots*, rice flour*, corn*, tomato paste*, bamboo shoots*, sugar*, spices*, coconut oil*, curry powder* 0,9%, orange concentrate*, sea salt*.
* ORGANIC PRODUCTS

Net Weight 400g (14.1oz)

100 G NUTRITION FACTS	
Energy	318 kJ (76 kcal)
Fat	4,6 g
of which saturates	4,2 g
Carbohydrate	7,2 g
of which sugars	3,4 g
Fibre	1,0 g
Protein	1,1 g
Salt	0,91 g



Ingredients: tomato paste* 35%, bell pepper* 26,2%, water, cucumber* 12,7%, rapeseed oil*, sea salt, spirit vinegar*, spices*, sugar*.
* ORGANIC PRODUCTS

Net Weight 400g (14.1oz)

100 G NUTRITION FACTS	
Energy	145 kJ (35 kcal)
Fat	1,3 g
of which saturates	0,1 g
Carbohydrate	4,0 g
of which sugars	2,5 g
Fibre	1,6 g
Protein	1,0 g
Salt	0,83 g

Contact person for Europe, South America and South Pacific: Edgas Gumauskas e.gumauskas@auga.lt

Contact person for Asia: Edita Jankauskiene e.jankauskiene@auga.lt

Contact person for North America: Laurynas Miskinis l.miskinis@auga.lt

Website: www.augaorganics.com